# Better Together

#### www.integratedcare.nnswlhd.health.nsw.gov.au

NNSW INTEGRATED CARE MADE POSSIBLE BY STRONG LOCAL PARTNERSHIPS:



phn 🛞



### **Engaging Clinicians** To Improve Health System Integration

#### Presented by Sharyn White

Director System and Service Integration North Coast Primary Health Network

#### www.integratedcare.nnswlhd.health.nsw.gov.au

NNSW INTEGRATED CARE MADE POSSIBLE BY STRONG LOCAL PARTNERSHIPS:



NSW Ambulance



### **OurQuest**

To begin a movement for change ...

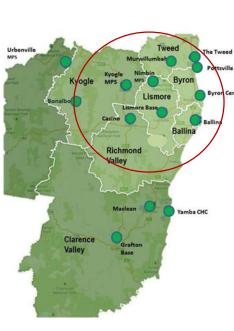
- A more integrated health system in Northern NSW
- Change occurring at all levels, governance, management and clinical



### 1.Home

#### Northern NSW





#### **Our Region**

	Population	244 470	
	Area	10291 Km2	
ntral	Health Services		
	83 General Practices		
	• 2 Base Hospitals		
	• 5 Community hospitals		
	13 Community Based LHD Services		
	Health Workforce		
	• 6665 Lo	cal Health District Employees	
	• 383 GPs	with a large number who work part time (around 100 FTE GPs)	
	• 160 Prac	tice nurses	

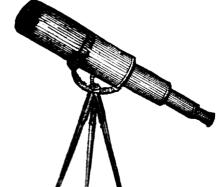


## 2.Opportunity

Northern NSW Integrated Care Program for Whole of System Management of Chronic and Complex Conditions

### 3. Where to begin?





### 4.Inspiration



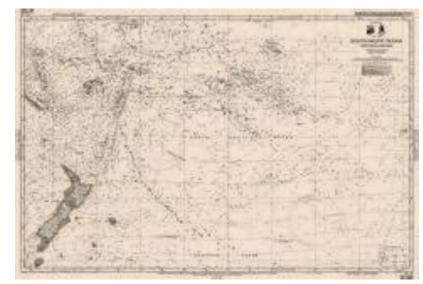
- Integration strategy
- Clinical Champions
- Primary Care Quality
   Improvement
- Leadership and sponsorship



## 5. Getting Underway

#### Integrated Care Collaborative

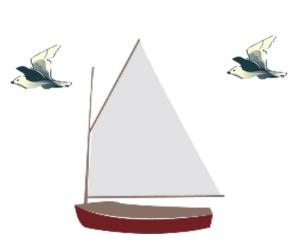
Focused on improving health outcomes and preventing avoidable hospital admissions for adults with complex, long term conditions





### 6.Implementing

Expert Reference Panel (ERP)



#### AIMS

 200 or more patients with complex care needs managed by an Integrated Care Team

#### • At the 9 month mark:

- 20% improvement in patients' Quality of Life
- 20% improvement in clinicians' perceived connectedness of the system.

### 6.Implementing

- 9 months duration
- Learning Workshops (3) and Activity Periods
- Quality Improvement Cycles (Plan Do Study Act)
- Permission to trial small changes identified by clinicians



## 7.Challenges

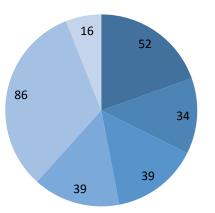
- Recruitment
  - Motivators
  - Incentives
- Cultural differences between teams
- Data availability
- Communication

# 8.The Voyage

- Sharing and stealing ideas
- Bringing clinicians together to form IC teams around patient needs and preferences
- Site visits among team members
- Localised solutions developed
- Fun

#### Northern NSW Integrated Care Collaborative

Total Number of Models for Improvement by Change Principle



Health

JSW

Northern NSW Local Health District Build and maintain your team

- Identify your complex cohort
- Improve patient selfmanagement
- Improve the wider system
- Improve your systems
- Work as a team member



#### **Collaborative Participation Count**

ORGANISATION		
Agency for Clinical Innovation		
Improvement Foundation		
North Coast Primary Health Network		
Northern NSW Local Health District (NNSWLHD)		
(NNSWLHD - Richmond/Clarence Health Service Group - 66)		
(NNSWLHD - Tweed/Byron Health Service Group - 40)		
(NNSWLHD - Mental Health – 17)		
eHealth	5	
Consumer Participant		
Tweed General Practice		
Richmond General Practice		
NSW Ambulance		
TOTAL:	232	

### 9.What we learned

- Collaboratives are not the only answer but have provided an effective starting point
  - built clinician interest and involvement in integration
  - developed clinician relationships at a local level
- Clinicians know what is wrong with the system and are well placed to develop and test solutions if allowed to
- Improvements can be made without the need for new resources

### 9.What we learned

- Face to face engagement critical
- Structured PDSAs increased comfort of managers permitting clinicians to trial innovative ideas
- Leadership role was one of enablement
- The 'soft stuff' is hard to get right
  Importance of foundational work

### 10. How we changed

- Strengthened organisational partnership
- Built confidence in working across sectors which is flavouring subsequent work
- Created an environment where participants are now more willing to engage in other initiatives
- Identified what clinicians thought important to fix and prioritised our actions

### Thank You

#### www.integratedcare.nnswlhd.health.nsw.gov.au

NNSW INTEGRATED CARE MADE POSSIBLE BY STRONG LOCAL PARTNERSHIPS:



phn 😵



# Better Together

#### www.integratedcare.nnswlhd.health.nsw.gov.au

NNSW INTEGRATED CARE MADE POSSIBLE BY STRONG LOCAL PARTNERSHIPS:



phn 🛞

