

END OF LIFE CARE PROJECT

RICHMOND VALLEY

February 2017



Health
Northern NSW
Local Health District



ACI
NSW Agency
for Clinical
Innovation



CLINICAL
EXCELLENCE
COMMISSION

NEWS

- CNS 2 for Palliative Care LBH successfully appointed following a very competitive recruitment process. To commence in early March.
- CEC Last Days of Life Toolkit pilot successfully launched on the 28th November within LBH Adult wards. Awaiting feedback from CEC with re released resources.
- Collaboration with the Primary Health Network in improving awareness and use of Advance Care Directives.
- Facilitating Community Engagement of End of Life Discussions
- Facilitating Clinician education in end of life conversations.

END OF LIFE CARE PROJECT: AN INTEGRATED CARE INITIATIVE

The End of Life Care (EOL) Project aims to improve the care we provide for our community in the Richmond Valley. The project continues to work in collaboration with acute and primary care services.



Improving End of Life Care in the Richmond Valley.

Decision Time — What Really Matters In The End MDT Meeting



Please join us for a multidisciplinary meeting to discuss what really matters in the end. Case presentations using real End of Life cases will be discussed.

Friday February 24
7:00am
UCRH Building

Topic of discussion:
“End of Life care in end stage respiratory disease”

Chairperson — Dr Austin Curtin

For Further Information:
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SAVE THE DATE

Clinician EOL Education Afternoon

Who's invited?

- * GPs
- * Practice & Community Nurses
- * RACF Staff
- * Acute Care Staff

Saturday 13th May
2017 2pm –6pm

For more details contact Anna Law



HEALTH CARE CLINICIAN EDUCATION

- The first education day for Clinicians was run on the 7th Feb 2017. “It’s Now or Never” End of Life Conversations day was run by HNE End of Life Coordinator Kate Munro. The feedback from participants, pictured below, was very positive.
- More education days to follow—please contact Anna if you would like to participate.



CNS 2 PALLIATIVE CARE FOR LBH

Hi, my name is Jess Pinkerton. I have a background in Intensive Care Nursing, after 4 years I left to pursue work in Palliative Care.

I had the pleasure of working with the Metro South Palliative Care Service in Brisbane and Logan and worked in a Clinical Nurse role in Consult Liaison, Community and Inpatient Palliative Care.

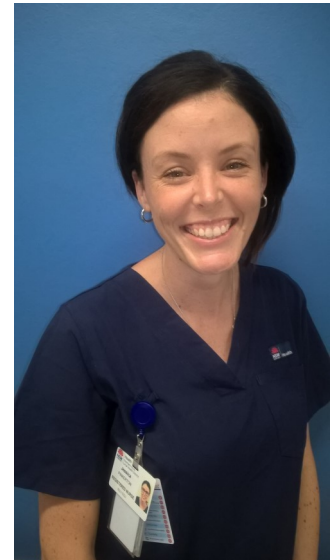
I worked in the newly established Sub Acute Rehabilitation and Palliative Care Unit in Bellingen Hospital in Mid North Coast before moving to Lismore.

Since moving to Lismore I have worked with the Lismore Community Palliative Care Team and also worked for Silver Chain reviewing and caring for Palliative Care patients in their homes here in the Northern NSW LHD.

I have completed a Graduate Diploma in Palliative Care and am looking forward to getting into some more study at some stage in the future.

I am currently working in ICU at Lismore Base and am sad to be leaving the team I have met since starting here.

I am so excited and grateful to get the opportunity to work within this new role.



Last Days of Life Toolkit (CEC pilot)

The Last Days of Life Toolkit pilot that was launched at LBH adult wards in December 2016 has been well received by Clinicians. Lismore Base Hospital is using 2 of the available resource forms:

1. **Initiating Last Days of Life Management Plan — Adult**
2. **Comfort Observation and Symptom Assessment Chart (COSA) chart.**

The toolkit also has the additional Medication Management charts to aid in appropriate medication charting for the dying patient.

The COSA chart in particular has been commented on as being invaluable in providing improved end of life care. Please contact Anna for any information for the pilot program.



Contact Anna Law: anna.law@ncahs.health.nsw.gov.au, 02 6629 4864, Locked Bag 11, Lismore NSW 2480