

END OF LIFE CARE PROJECT

RICHMOND VALLEY

May 2017



Health
Northern NSW
Local Health District



ACI
NSW Agency
for Clinical
Innovation



CLINICAL
EXCELLENCE
COMMISSION

NEWS

- Palliative Care Week May 21—28th May 2017 with the theme “You matter, your care matters. Palliative Care can make a difference.”
- CEC Last Days of Life Toolkit re-released version from CEC. To be launched at sites outside of Lismore.
- IT’S NOW OR NEVER End of Life Conversation education days commencing in June will cover LHD footprint. Please register soon, places filling fast.
- EOL MDT 30th June, from 7-8am. Topic:- “Overcoming a loss by 1000 deaths” —MND in the Northern Rivers 2017. Presented by Dr Bob Lodger, Consultant Physician.

END OF LIFE CARE PROJECT: AN INTEGRATED CARE INITIATIVE

The End of Life Care (EOL) Project aims to improve the care we provide for our community in the Richmond Valley. The project continues to work in collaboration with acute and primary care services.



Improving End of Life Care in the Richmond Valley.



From Cure to Comfort—End of Life Education Forum

A very successful education evening was held in collaboration with NNSWLHD, NCPHN and Ballina Byron Clinical Society, with over 100 people attending the forum on end of life care matters.



*You matter,
your care matters.*

Palliative care can make a difference.

National Palliative Care Week

21–28 May 2017



Palliative Care Week at Lismore Base Hospital. Pictured are from left: Kylie Duncan—Specialist Community Palliative Care team Social Worker, Dr Ken Marr—Palliative Care Specialist, Joanne Cooper—Palliative Care Clinical Nurse Consultant Community. The stall with information regarding Palliative Care and End of Life was available in the foyer at LBH for the duration of the week.



It's Now or Never

Meaningful Conversations at End of Life Care

Wednesday 28th June 2017 Lismore

A **one day** workshop designed to support staff in recognising and responding to the need for end of life conversations to support patients and families

This Workshop aims to assist participants to:

- Gain confidence in **knowing what** to say and when
- Find ways to deepen compassion and connection with the dying and their families
- Promote wisdom and authenticity through patient and family stories
- To flourish and thrive as a potent communicator and clinician

28th June 2017
8.30 am – 4 pm

Venue: To be confirmed

(Lunch provided)

Closing Date: 23rd June 2017

Contact: Anna Law, End of Life Care Project Officer

Anna.Law@ncahs.health.nsw.gov.au

"How people die remains in the memory of those who live on."

- Dame Cicely Saunders



It's Now or Never End of Life Conversations

Two Palliative Care clinicians have been trained to provide extremely well received education program originally developed in the HNE LHD by Kate Munro. The education sessions run monthly across the LHD, **Please register via HETI** or contact Anna Law for more information.

Last Days of Life Toolkit (CEC pilot)

The toolkit continues at LBH—with clinicians using the Initiating Last Days of Life Management Plan (ILDLM) and Comfort Observation and symptom Assessment (COSA) charts well. The Medication Management guides are appreciated by the medical staff.

The CEC has just re-released the updated version of the toolkit post the pilot.

Planning is under way to roll the toolkit out to other sites in our Local Health District.

Please contact Anna Law with any inquiries regarding the toolkit.



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