

The 'Joint' Approach

Tweed—Byron Health Service Group

July 2017



NEWS

Specialised Osteoarthritis Screening

(SOS) Clinic :

Update ...

- 34 referrals
- 24 service events (21 Initial, 3 follow up)

Sources of referral:

- 60% via specialists,
- 40% via GP's

Medical Objects (MO)

- GP referrals via MO >70%
- 100% referrals acknowledged within 3 days of referral

Assessments:

- 100% completed within 4 weeks of referral
- 100% of assessment reports sent via medical objects

myOA program:

- Commenced 30 June
- 2 groups held
- 6 participants

THE JOINT APPROACH PROJECT: AN INTEGRATED CARE INITIATIVE

Best Practice Standards for OA knee management just released....

AUSTRALIAN COMMISSION
ON SAFETY AND QUALITY IN HEALTH CARE



<https://www.safetyandquality.gov.au/>

Current guidelines for osteoarthritis, including that of the knee, recommend conservative (non-surgical) management using a combination of non-pharmacological and pharmacological treatments.^{2, 4, 19} Core non-pharmacological treatment includes patient education and self-management, exercise, and weight loss for those who are overweight.^{4, 19} Conservative management is recommended at all stages of the disease.^{2, 4, 19} Timely access to joint replacement or joint-conserving surgery is recommended when, and only when, conservative management no longer provides adequate pain relief or maintenance of function.^{4, 5}



Improving Osteoarthritis Assessment and Management in the

project team

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