

END OF LIFE CARE PROJECT

NNSWLHD

July 2017



Health
Northern NSW
Local Health District



ACI
NSW Agency
for Clinical
Innovation



CLINICAL
EXCELLENCE
COMMISSION

NEWS

- Advance Care Directive template and booklet released by MoH. See the booklet at [Making an Advance Care Directive - form and information booklet - Advance Care Planning](#)
- CEC Last Days of Life Toolkit re-released version from CEC. To be launched at sites outside of Lismore. Launching through other sites—Casino, Nimbin/Kyogle/Urbanville MPS.
- IT'S NOW OR NEVER End of Life Conversation education. Being run monthly—places filling fast. Register via HETI online.
- EOL MDT Friday 25th August 2017. Being presented by Maternity and Child Services.
- National Dying to Know (D2K) day is on 8th August.

END OF LIFE CARE PROJECT: AN INTEGRATED CARE INITIATIVE

The End of Life Care (EOL) Project aims to improve the care we provide for our community in the NNSWLHD. The project continues to work in collaboration with acute and primary care services.



Improving End of Life Care in the NNSWLHD.



MAKING AN ADVANCE CARE DIRECTIVE

In this package you will find:

- an Advance Care Directive form to complete
- an Information Booklet to help you complete your Advance Care Directive

The NSW Ministry of Health released a booklet to help with information for people complete an Advance Care Directive (ACD). There is an ACD at the rear of the booklet to complete and tear out.

The booklet contains common questions asked regarding end of life planning.

You can find the booklet at : [Making an Advance Care Directive - form and information booklet - Advance Care Planning](#)

ORION
HEALTH





What if **talking about death** didn't even raise an eyebrow?

Dying To Know day
8th August
www.dyingtoknowday.org

Talking about death and planning for end of life is important. In Australia over 70% of us want to die at home. Yet only 30% of us have told someone our wishes for end of life. Dying To Know Day is changing the conversation. Go to dyingtoknowday.org for more information.

NATIONAL DYING TO KNOW DAY - 8th August

'Death literacy' recognises the role that everyone has in end of life care and death care. Having knowledge helps us make informed decisions about the care, being able to act on that knowledge is empowering. This day is an initiative of the Groundswell Project—see more at Dying to Know Day.



Last Days of Life Toolkit (CEC pilot)

The toolkit continues at LBH—with clinicians using the Initiating Last Days of Life Management Plan (ILDLM) and Comfort Observation and symptom Assessment (COSA) charts well. The Medication Management guides are appreciated by the medical staff.

The CEC has re-released the updated version of the charts. They are available on the CEC website.

Planning is under way to roll the toolkit out to other sites in our Local Health District.

Please contact Anna Law with any inquiries regarding the toolkit.



It's Now or Never

Meaningful Conversations at End of Life Care

Wednesday 23rd August 2017 Tweed

A one-day workshop designed to support staff in recognising and responding to the need for end of life conversations to support patients and families

This Workshop aims to assist participants to:

- Gain confidence in knowing what to say and when
- Find ways to deepen compassion and connection with the dying and their families
- Promote wisdom and authenticity through patient and family stories
- To flourish and thrive as a potent communicator and clinician

23rd August 2017

8.30 am – 4 pm

Community Mental Health meeting room

Lunch provided

Please register via HETI

Closing Date: 18th August 2017

Contact: Anna Law, End of Life Care Project Officer

Anna.Law@ncahs.health.nsw.gov.au

"How people die remains in the memory of those who live on."

- Dame Cicely Saunders



It's Now or Never End of Life Conversations

Two Palliative Care clinicians have been trained to provide extremely well received education program originally developed in the HNE LHD by Kate Munro. The education sessions run monthly across the LHD,

Please register via HETI or contact Anna Law for more information.

Contact Anna Law: anna.law@ncahs.health.nsw.gov.au, 02 6629 4864, Locked Bag 11, Lismore NSW 2480