

END OF LIFE CARE PROJECT

NNSWLHD

October 2017



Health
Northern NSW
Local Health District



ACI NSW Agency
for Clinical
Innovation



CLINICAL
EXCELLENCE
COMMISSION

NEWS

- Advance Care Directive booklet and template by NSW MoH. [Making an Advance Care Directive - form and information booklet - Advance Care Planning](#)
- CEC Last Days of Life Toolkit re-released version from CEC. To be launched at sites outside of Lismore. Launching through other sites—Ballina, Byron.
- IT'S NOW OR NEVER End of Life Conversation education. Being run monthly—places filling fast. Register via HETI online.
- EOL MDT Friday 27th October Vascular presentation. Last one for the year.
- Resources for EOL Planning and Mental Illness: [Advance Care Planning for End of Life for People with Mental Illness - An Introductory Guide - Advance Care Planning](#)

END OF LIFE CARE PROJECT: AN INTEGRATED CARE INITIATIVE

The End of Life Care (EOL) Project aims to improve the care we provide for our community in the NNSWLHD. The project continues to work in collaboration with acute and primary care services.



Improving End of Life Care in the NNSWLHD.

Thursday 23rd Nov 2017
Grafton

Attendees: GPs, Practice Nurses, Allied Health Practitioners, Residential Aged Care, Community Health and Acute Care staff

FROM CURE TO COMFORT

Best Practice End Of Life Care

The Clarence Valley Clinical Society, in collaboration with NCPHN and NNSW LHD, invites Clarence Valley health professionals to this exciting forum.

Interactive workstations facilitated by experts in the field will provide opportunities for networking and sharing ideas with the common goal of providing high quality end of life care in our region.

Attendees can participate in 2 of the 4 workshops on offer:

Group 1	Group 2	Group 3	Group 4
"Getting your Affairs in Order" - legal implications of Advanced Care Planning, Guardianship & Power of Attorney	"From Cure to Comfort" - transitioning to end of life care	"Management of Symptoms at the end of life"	"Care after Death" - what to do when a palliative care patient dies at home

Places are limited in each workshop, so registrations are essential. You must nominate your 2 preferred workshops with your registration.

Facilitators include: Dr Ken Marr, Helen Adams NP, Jennifer Smith CNS2 Palliative Care and local solicitors

As a result of attending this event, participants will:

- be able to effectively guide their patients through completing an Advance Care Plan.
- have an increased understanding of Capacity, Person Responsible, Guardianship and Wills.
- be able to access appropriate resources to manage symptoms related to end of life care.
- be knowledgeable about what to do when someone dies at home.



Thursday 23rd Nov
Registration and dinner at 6pm
for a 6:30pm start.



Enquiries & more information:
Anna Law
Phone: 6629 4864
Email: Anna.Law@nncchs.health.nsw.gov.au



Grafton District Services Club
105-107 Mary St, Grafton



PLEASE RSVP BY 17TH Nov:
www.endoflifecv.eventbrite.com.au



This event is proudly hosted by the Clarence Valley Clinical Society, NCPHN and NNSW LHD.



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For more events visit www.ncpnh.org.au/practitioner-events

The Clarence Valley Clinical Society, in collaboration with NCPHN and NNSW LHD, invites Clarence Valley health professionals to an exciting, free forum on End of Life Care.

From Cure to Comfort: Best Practice End of Life Care will be held in Grafton on the evening of **Thursday 23rd November**, where interactive workstations facilitated by local experts in the field will provide opportunities for networking and sharing ideas with the common goal of providing high quality end of life care in the Clarence Valley region.

ORION
HEALTH



Decision Time — What Really Matters in The End MDT Meeting



Please join us for a multidisciplinary meeting to discuss what really matters in the end.

Case presentations using real End of Life cases will be discussed.

Friday October 27th
7:00am – 8:00am
UCRH Building

RSVP and Further information:

Anna Law
End of Life Care Project Officer
Lismore Base Hospital Integrated Care
Tel 02 66294864 Mobile 0418 797 478
Anna.Law@ncahs.health.nsw.gov.au

To Operate or Not?

Presenter: Dr Dominic Simring Vascular & Endovascular Surgeon, FRACS

**Chairperson
Dr Austin Curtin**

**LAST MEETING FOR
THE YEAR – Please join
us again in 2018.**

Decision Time—Vascular Presentation

The final presentation for 2017 is on Friday 27th October 7-8am at UCRH. Please join us for a case presentation followed by a discussion aimed at improving the end of life care we provide in these cases.

Please contact Anna Law to RSVP or with any enquiries.

It's Now or Never

Meaningful Conversations at End of Life Care

Wednesday 15th November 2017 Tweed

A one-day workshop designed to support staff in recognising and responding to the need for end of life conversations to support patients and families

This Workshop aims to assist participants to:

- Gain confidence in knowing what to say and when
- Find ways to deepen compassion and connection with the dying and their families
- Promote wisdom and authenticity through patient and family stories
- To flourish and thrive as a potent communicator and clinician

15th November 2017
8.30 am – 4 pm

Education Room, Level 4

Lunch provided

Please register via HETI

Closing Date: 10th November 2017

Contact: Anna Law, End of Life Care Project Officer

Anna.Law@ncahs.health.nsw.gov.au

"How people die remains in the memory of those who live on."

- Dame Cicely Saunders

It's Now or Never End of Life Conversations

This education day has proved to be extremely positively reviewed by participating clinicians. This is the final day for 2017 with the course to continue to be run monthly through our LHD from February next year.

Please register via HETI or contact Anna Law for more information.

Last Days of Life Toolkit (CEC Initiative)

The toolkit continues at LBH—with clinicians using the Initiating Last Days of Life Management Plan (ILDLM) and Comfort Observation and symptom Assessment (COSA) charts well. The Medication Management guides are appreciated by the medical staff.

All of the charts and information are available via the [Clinical Excellence Commission website](#).

The toolkit continues to rollout through sites in our LHD—please contact Anna Law with any enquires regarding the toolkit.