# **END OF LIFE CARE PROJECT**

NNSWLHD

October 2017









## **NEWS**

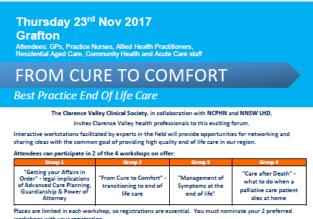
- Advance Care Directive booklet and template by NSW MoH. Making an Advance Care Directive form and information booklet - Advance Care **Planning**
- CEC Last Days of Life Toolkit re-released version from CEC. To be launched at sites outside of Lismore. Launching through other sites— Ballina, Byron.
- IT'S NOW OR NEVER End of Life Conversation education. Being run monthly-places filling fast. Register via HETI online.
- EOL MDT Friday 27th October Vascular presentation. Last one for the year.
- Resources for EOL Planning and Mental Illness: Advance Care Planning for End of Life for People with Mental Illness - An Introductory Guide - Advance **Care Planning**

# **END OF LIFE CARE PROJECT:** AN INTEGRATED CARE INITIATIVE

The End of Life Care (EOL) Project aims to improve the care we provide for our community in the NNSWLHD. The project continues to work in collaboration with acute and primary care services.



Improving End of Life Care in the NNSWLHD.



orkshops with your registration

Facilitators include: Dr Ken Marr, Helen Adams NP, Jennifer Smith CNS2 Palliative Care and local solicitors s a result of attending this event, participants will:

- be able to effectively guide their patients through completing an Advance Care Plan
- have an increased understanding of Capacity, Person Responsible, Guardianship and Wills. be able to access appropriate resources to manage symptoms related to end of life care. be knowledgeable about what to do when some











The Clarence Valley Clinical Society, in collaborawith **NCPHN** NNSW LHD, invites Clarence Valley health professionals to an exciting, free forum on End of Life Care.

From Cure to Comfort: Best Practice End of Life Care will be held in Grafton on the evening of Thursday 23rd Novemwhere interactive workstations facilitated by local experts in the field will provide opportunities for networking and sharing ideas with the common goal of providing high quality end of life care in the Clarence Valley region.









Please join us for a multidisciplinary meeting to discuss what really matters in the

Case presentations using real End of Life cases will be discussed.

Friday October 27th 7:00am – 8:00am UCRH Building

RSVP and Further Information: Anna Law End of Life Care Project Officer Lismone Base Hospital Integrated Care Tel oz 66394864 Mobile og 18 797 478

#### To Operate or Not?

Presenter: Dr Dominic Simring Vascular & Endovascular Surgeon. FRACS

Chairperson Dr Austin Curtin

LAST MEETING FOR THE YEAR – Please join us again in 2018.

#### **Decision Time—Vascular Presentation**

The final presentation for 2017 is on Friday 27th October 7-8am at UCRH. Please join us for a case presentation followed by a discussion aimed at improving the end of life care we provide in these cases.

Please contact Anna Law to RSVP or with any enquiries.





## It's Now or Never

#### Meaningful Conversations at End of Life Care

## Wednesday 15th November 2017 Tweed

A one-day workshop designed to support staff in recognising and responding to the need for end of life conversations to support patients and families

This Workshop aims to assist participants to:

- · Gain confidence in knowing what to say and when
- Find ways to deepen compassion and connection with the dying and their families
- · Promote wisdom and authenticity through patient and family stories
- To flourish and thrive as a potent communicator and clinician

15<sup>th</sup> November 2017 8.30 am – 4 pm

**Education Room, Level 4** 

Lunch provided

Please register via HETI

Closing Date: 10th November 2017

Contact: Anna Law, End of Life Care Project Officer

Anna.Law@ncahs.health.nsw.gov.au

"How people die remains in the memory of those who live on."

- Dame Cicely Saunders



### It's Now or Never End of Life Conversations

This education day has proved to be extremely positively reviewed by participating clinicians. This is the final day for 2017 with the course to continue to be run monthly through our LHD from February next year.

**Please register via HETI** or contact Anna Law for more information.

## Last Days of Life Toolkit (CEC Initiative)

The toolkit continues at LBH—with clinicians using the Initiating Last Days of Life Management Plan (ILDLMP) and Comfort Observation and symptom Assessment (COSA) charts well. The Medication Management guides are appreciated by the medical staff.

All of the charts and information are available via the Clinical Excellence Commission website.

The toolkit continues to rollout through sites in our LHD—please contact Anna Law with any enquires regarding the toolkit.

