



# Mental Health Referral Pathways-Richmond/Clarence

	Early Intervention	Low to Moderate Issues			High Acuity /Risk		
Service	 <b>Mind Health Connect</b>	 <b>NewAccess</b>	 <b>headspace</b>	 <b>Better Access Medicare</b>	 <b>Healthy Minds</b> <i>ATAPS &amp; Better Access</i>	 <b>NSW Mental Health Line</b>	 <b>Mental Health Assessment Team</b>
Description	Web based program providing Psycho education and resources for self-management	Low intensity CBT delivered face-to-face or by telephone (up to 6 sessions)	Provides comprehensive support including counselling for young people	Focused psychological strategies (up to 10 sessions)	Focused psychological strategies for vulnerable people/ Health Care Card (up to 12 sessions)	Provides triage and referral - intake point for acute mental health services	Provides triage and assessment for acute mental health services <b>during business hours—after business hours call Mental Health Line</b>
Referral Process	Provide patient with web address: <a href="http://www.mindhealthconnect.org.au">www.mindhealthconnect.org.au</a>	Link to referral page <a href="http://beyondblue.org.au/NewAccessCoach">beyondblue.org.au/NewAccessCoach</a>  Patient must not have activated a Mental Health Treatment Plan in the last 6 months  <b>1300 137 934</b>	Provide the number or phone it with the patient present (no referral forms necessary)  <b>Lismore (02) 6625 0200</b> <b>Coffs (02) 6652 1878</b> <b>Port (02) 6588 7300</b> <b>Tweed (07) 5589 8700</b>	Requires a Mental Health Treatment Plan.  Refer patients directly to your preferred local clinician	Requires a Mental Health Treatment Plan. To find out about Healthy Minds practitioners in your area call 1300 137 237  <b>Fax referrals:</b> <b>Lismore (02) 6627 3396</b> <b>Coffs (02) 6659 1896</b> <b>Port (02) 6584 4282</b> <b>Tweed (07) 5523 5596</b>	Provide the number, or call with the patient present.  24 hours/ 7 days per week  <b>1800 011 511</b>	Direct referral accepted only from GPs, LHD clinicians, Justice Health court liaison CNC & school counsellors  <b>Richmond</b> <b>Ph - 02 6620 2323</b> <b>Fax -02 6620 2608</b>  <b>Clarence</b> <b>Ph -02 6641 8250</b> <b>Fax- 02 6640 2399</b>
Age	All	18+	12—25 yrs.	All	All	All	All
Cost	Free	Free	Free	Cost variable, can be bulk billed or gap fee charged	Free	Free	Free Medicare card needed