








Mental Health Referral Pathways-Tweed/Byron

	Early Intervention	Low to Moderate Issues			High Acuity /Risk		
Service	 <p>Mind Health Connect</p>	 <p>NewAccess A beyondblue program</p>	 <p>headspace</p>	 <p>Better Access Medicare</p>	 <p>Healthy Minds ATAPS & Better Access</p>	 <p>NSW Mental Health Line</p>	 <p>Mental Health Assessment Team</p>
Description	Web based program providing Psycho education and resources for self-management	Low intensity CBT delivered face-to-face or by telephone (up to 6 sessions)	Provides comprehensive support including counselling for young people	Focused psychological strategies (up to 10 sessions)	Focused psychological strategies for disadvantaged people/ (up to 12 sessions)	Provides triage and referral - intake point for acute mental health services	Provides triage and assessment for acute mental health services during business hours—after business hours call Mental Health Line
Referral Process	Provide patient with web address: www.mindhealthconnect.org.au	Link to referral page beyondblue.org.au/ NewAccessCoach Patient must not have activated a Mental Health Treatment Plan in the last 6 months 1300 137 934	Provide the number or phone it with the patient present (no referral forms necessary) Tweed (07) 5589 8700 Lismore (02) 6625 0200 Coffs (02) 6652 1878 Port (02) 6588 7300	Requires a Mental Health Treatment Plan. Refer patients directly to your preferred local clinician	Requires a Mental Health Treatment Plan. To find out about Healthy Minds practitioners in your area call 1300 137 237 Fax referrals: 1300 853 248	Provide the number, or call with the patient present. 24 hours/ 7 days per week 1800 011 511	Direct referral only accepted from GPs, LHD clinicians, Justice Health court liaison CNC & school counsellors Tweed Ph. -07 5506 7370 Fax- 07 5536 7972 Byron Ph. -02 6639 6655 Fax- 02 6639 6668
Age	All	18+	12—25 yrs.	All	All	All	All
Cost	Free	Free	Free	Cost variable, can be bulk billed or gap fee charged	Health Care Card Free	Free	Free Medicare card needed